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SPAIN Tangier Tetouan Al Hoceima Oujda Rabat Casablanca El Jadida Meknes Ifrane Figuig Safi ATLANTIC OCEAN Marrakech Er-Rachidia Essaouira Ouarzazate Agadii Zagora Tiznit Tata 🔳 Guelmim ALGERIA CANARY ISLANDS Tan-Tan ■ Tarfaya Laayoune Smara Boujdour MAURITANIA Dakhla Lagouira

Saïdia











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A holiday to put you back on your feet again

Editorial



Beach in a cree

Morocco's Oriental region - from the Mediterranean to the gates of the desert

A vast area stretching across eastern Morocco, from Saïdia on the shores of the Mediterranean to the Saharan oasis of Figuig, bordered to the west by the Central Rif Mountains and the Moulouya Valley and to the east by the Algerian frontier, the Oriental region offers visitors an unparalleled diversity of reliefs and landscapes. It enjoys a Mediterranean climate with scant rainfall in the north (Saïdia), while the low-lying Beni Snassen Mountains receive their fair share of rain, the high steppe plateaus of Tendrara and Bouarfa are arid, and conditions in the south (Figuig) are truly pre-Saharan.

In the past, few tourists cared to venture into this remote frontier region. Not that it lacked potential – it was just waiting for its merits to be recognised. The development of Saïdia as a seaside holiday destination culminated in the creation of the new Saïdia resort, just a couple of hours' flight from major European cities and served by two international airports (Oujda and Nador) – a perfect arrival point and an ideal base for exploration of the region as a whole.



Saïdia in all its glory



Saïdia: a long tradition of bathing

of fine sandy beach, shallow, crystal clear continued to attract bathing enthusiasts. water teeming with fish and seafood, a and the town became one of Northcoastline fringed to the west with 200 eastern Morocco's most frequented kilometres of magnificent bays, and a centres of national tourism. varied hinterland ideal for excursions of all shapes and sizes - just some of the More recently, major investment has rewarding holiday destination.

when the Sultan, Hassan I, built a Kashah there which can still be visited today. In leisure complex, and laying out of three 1913, under the French Protectorate, golf courses... In a nutshell, Saïdia has resident Europeans discovered the site, become a new-generation seaside resort which came to enjoy a certain measure of boasting every facility under the sun. popularity as a small local seaside resort.

A particularly mild climate, 14 kilometres Following Independence, its fine beach

840-berth marina, construction of 4 The town of Saïdia dates back to 1883, and 5-star hotels, residential apartments and the "Medina Center" shopping and





Marina Saïdia offers all the services to be expected of a major yachting harbour, and is set in elegant residential surroundings

Saïdia, "Blue Pearl" of the Mediterranean

Along the seafront, the resort's luxury hotels offer a full range of top-quality services and amenities for all kinds of leisure activities are at hand, including tennis court, spa, and a fitness club.

Medina Center, with its sateways. narrow little streets, squares, terraces, shops and cafés, has all the atmosphere of a classic Moroccan medina - great for shopping or for just hanging about in - while the resort's 6-kilometre the perfect setting for a leisurely stroll at whatever time of day or night.

Marina Saïdia currently has over 800 moorings available, and there are plans for a full 1350 in the near future, which

will make it the Mediterranean's third largest vachting harbour. The marina offers a full range of services, from yacht club, and a shopping precinct.

in Saïdia, serving a vast choice of fish and seafood dishes based on produce caught at the resort itself, or brought in from Nador or Ras El Ma ("Cape of Water") nearby. There's also plenty of international cuisine on offer, along with typically Moroccan gastronomy, delicious sea-bean paella or rather more classic suggestions such as chicken or beef brochettes - even pizzas!

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The Mediterranean bay



The coastline is fringed with a succession of magnificent sandy beaches

Saïdia is also an endless succession of beaches, each vying with the other in character and charm. Bordered by lush greenery, they offer everything you could wish for in unparalleled natural surroundings. Here in Saïdia, you can laze away the time as much as you like and still come up with daily fresh discoveries!

The Moulouya nature reserve

Saïdia beach reaches as far as the Oued Moulouya estuary, a wetland where many species of migrating birds spend the winter. The ornithological nature reserve here is a protected area, and easy to get to from Saïdia itself.

Ras El Ma beach

Cross the bridge over the Moulouya, continue on for a few kilometres, and you come to the fishing village of Ras El Ma and its beach, sheltered by the mighty cliff that overlooks it and all the more appealing for the miniature eucalyptus wooded dunes that adorn it.

Kariat Arekmane

25 km before Nador, Kariat Arekmane beach stretches for a full 7 km, several of which lie to the south of a chain of coastal lagoons. The beach is easy to get to, and is renowned for the excellent bathing on offer there and its fine golden sands.

Mar Chica lagoon

The Mar Chica lagoon at Nador is an altogether magnificent piece of natural seascaping, with a total surface area of some 115 km2 and from 0.5 to 7 metres in depth. Separated from the sea by a thin ribbon of dunes 24 kilometres long, it communicates with the Mediterranean via a channel known as the Boucana pass and is bordered by fine shell-sand beaches — an ideal destination for fishing and water sports enthusiasts.



Mar Chica lagoon



Relaxing in the shade of a beach umbrella, with an eternally blue sea stretching before you - the art of living Mediterranean style!



Boucana beach

The fishing village of Boucana, close to Nador's port of Beni Ansar, hoasts a delightful horseshoe-shaped beach very well worth the trip. "Whoever visits Boucana will never forget the splendour of its salted landscapes and infinite dunes — an 'earthen tongue" that could recount more than one chapter in the region's history" (Tawiza)

Oued Kert beach

This 8-kilometre long beach starts west of the mouth of Oued Kert and extends as far as Pointe Negri. Its waters reach considerable depth.

El Kallat beach

El Kallat beach, a remote stretch of sand lying between two cliffs 34 km west of Nador, is almost 5 kilometres in length and bordered by a strip of forestland. It is well-known as a bathing spot, and is busiest at weekends and in the summer, a popular bathing and sports fishing destination.

Saïdia in a new light An endless round of festivals!



The International Rai Festival, Oujda by the Arabs during their occupation of The festival takes place every July, celebrating a style of music that so many, that Oujda is ranked as the

Gharnati Music Festival, Ouida

outside Casablanca.

Gharnati means "from Granada", and

top Moroccan and Algerian singers and become the tradition's preserve, and the

The Reggada Festival, Saïdia

Held every August, the festival pays number-one audience draw in Morocco tribute to Reggada, a musical form born of Beni Snassen tribal tradition, and part of a local artistic heritage that has broken free of its confines to inspire musicians at national and international level. The



Arts and crafts revisited

Morocco's craftspeople know how to adapt to changing times., and today draw their inspiration from two sources, tradition modern that inspires novel ideas and has resulted in production of high-quality wares

Sheep breeding is of major importance in for manufacture of clothing (djellahas and burnous), blankets (bourabah), and carpets. woollen carpets follows strictly defined rules motif design, and numbers of knots. Wool is used in its natural state in four colours white, black, grey, and brown. Local crafts people also makes good use of esparto grass from the high plateaus, employing it in the items for household use. The creation of a new range of artefacts combining esparto with wrought iron (tables, stools, and the like) shows that Moroccan craftwork can nothing of its deep-rooted identity.



Moroccan cuisine is world famous for its rich and subtle variety of flavours, and you can set a foretaste of its many delights by sampling some of the region's authentic traditional dishes. From local specialities to mouth-watering pastries, the most demanding of gourmets will find nothing to complain of – so dig in!

Le **Karane**, an Oujdi speciality, is a smooth and Palermo's Panelle. It would be a real shame if you left the region without trying it!

Berkoukech is a highly spiced soup Traditionally, it is served on the third day following the birth of a child, and is renowned

other things) for its Kaaks, crispy ring-shaped biscuits made from flour, aniseed, cardamom and sesame seeds, and for its Makrouts, delicious little semolina cakes stuffed with dates and fried before being immersed in honey. Served with tea or accompanying traditional bread, these and other pastries are simply when you're feeling peckish...







Saïdia – a new perspective on holidaymaking!

Sports and leisure activities



A Mediterranean playground

prevailing winds, warm, calm seas, and sports and activities of all kinds.

Taking to the sea

Saïdia's marina and yachting harbour are on hand for all those who enjoy living on the crest of a wave - light yachts, cabin cruisers, sailing boats and catamarans, the choice is yours! And those in search of more extreme sensations will find all the equipment and advice they need to practise their chosen sport safely and

Down in the depths

Diving in Saïdia's crystal-clear waters gives you hands-on experience of the flora and fauna inhabiting the seas along the south coast of the Mediterranean. With no strong currents to contend with, a wide variety of diving sites specifically set aside for the activity and all the necessary equipment available in situ, the resort is an ideal destination for divers of all levels of skill.

Sea fishing

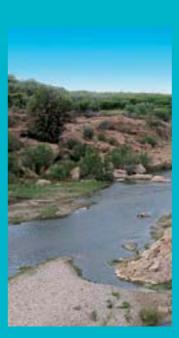
Saïdia's coastal waters boast an extraordinary variety of fish species, providing fishing handle. Locations and equipment are available to all comers, ensuring perfect conditions for a good day's catch.







...along with a good many other pleasures on land!



Getting into the swing

by internationally renowned golf architect season, along with horseback treks the finest not only in Morocco itself, but countryside. courses for 3 times the pleasure!

Off into the hinterland

The surrounding countryside has some truly magnificent landscapes in store for you. you take – unimagined worlds and breathyourself with the local plant life, much of which is unique to the region

Atop an Arab thoroughbred

your disposal, so get out and make the elegance of its thoroughbreds, and it's a utmost of the sun and the fresh sea air real pleasure to actually ride one. Riding on over 210 hectares of greens designed lessons are on offer during the summer Francisco Segales, and ranked as some of along the beach or into the surrounding

The game's afoot!

anything to complain of here. The Beni Snasen Mountains are particularly well stocked with game. As long as you have a hunting license (available on the spot) and depending on season, you can hunt taking views over the Mediterranean, along partridges, quail, hares, and wild boar.

Not to be missed out on



the mouth of Oued

The Moulouva River mouth: listed as a Site of Biological and Ecological Interest (SIBE)

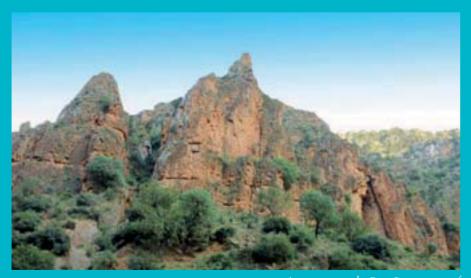
kilometres from Saïdia and easy to get to by car. It is listed as a SIBE (Site of Biological and Ecological Interest) and is an area of extraordinary biodiversity - over dunes, and tamarisk forest.

herons, herring gulls, Mediterranean gulls and turtle doves all flock here.

The Moulouva river mouth has plenty to offer any nature lover, and makes a very pleasant outing for anyone interested in exploring this legendary river, the second

The Beni Snassen massif: nature at its most generous

Saïdia without going to have a look at the Beni Snassen Mountains, a small Mediterranean massif reaching a height waterbirds to be found anywhere along the of 1,535 metres and a natural and





The Camel Cave

The Zegzel Gorge is one of the formations. The road winding through it, passing back and forth from one side of the oued to the other, may require ensures you miss out on none of the natural splendour around you - terraced orchards planted with fig, pomegranate, orange and medlar trees, and the wild roses and oleanders that flourish along the river's banks.

The Camel Cave, so called because the largest cave in the region. It is lit so that visitors can fully appreciate the stalagmites and stalactites so sublimely sculpted by the hand of nature. The site is also a major attraction for potholing

The Pigeon Cave is a remarkable prehistoric site, inhabited between 21,000 and 10,800 years BC. Digs there have unearthed the remnants cultures.

the Mediterranean opens up before you. The town, 44 km from Saïdia, is a little mountain resort set 850 metres above sea level. Pleasantly cool in summer -

thanks to the breezes blowing in from the sea, which is only 30 km away as the crow flies - it makes an ideal base for excursions into the mountains. Tree lovers will be in their element here, for the Beni Snassen massif is home to an amazing variety of species, including that Tafoughalt is a mountain village,

The Great Lakes and the Cape of Three Forks

The Machraa Hammadi and Mohammed V dams on Oued Moulouva have created immense reservoirs to help levels. These great artificial lakes are also ideal for fishing and water sports. reached via Zaïo to the north, along the El-Aïoun Taourirt road to the south, or directly from the Beni Snassen massif.

For anybody who loves the sea, the Cape of Three Forks to the north of Nador is one of Morocco's most beautiful sites birdlife and plunging down into crystal clear turquoise waters. Breath-taking views await you from the cliff tops and sumptuous beaches at the foot of the lighthouse – not to forget a magical underwater paradise if you're a diving enthusiast...

Excursions in the region



Bab Al Gharbi in

Oujda - a much underrated city You won't regret paying a visit to the

town of Oujda, a fascinating crossroads between North Africa and Europe, with a long Berber, Ottoman and Arabo-Andalusian history behind it.

The medina

The medina lies in the very heart of the city, filled with life, colour and carefree bustle, and bathed in radiant Mediterranean sunshine. Take a lazy stroll through narrow little streets teeming with people wandering hither and thither about their business. Let yourself be drawn by the scents of a thousand and one spices, of mint tea, coffee, and beignets, happening upon this or that little square or archway-lined courtyard where the local weavers sit busy at their craft... And don't miss out on Souk El Ma (the "Water Market"), where water for keeping local garden green was once sold.

A fascinating variety of architecture

Little remains of the walls that once surrounded the medina except for a couple of its gateways – Bab Al Gharbi and Bab Sidi Abdelouahab. The latter was built in the 13th century and is the better preserved of the two. The square that faces it once served as a resting place for caravaneers arriving in the city from the East.

Built in 1298, the Al Kabir Mosque (the "Great Mosque") with its three fountains is the city's oldest monument. To the left of its main entrance, a narrow little side street (almost impossibly so in parts!) leads, to one of the medina's architectural highpoints — the Merinid Medersa. Although of no great size, it is regarded as a masterpiece of Merinid art, and is a living testimony to the city's rich cultural heritage.



The Essebti Palace



Bab Al Gharbi square in the Oujda medina



One of the Great Mosque's fountains

Dar Essebti Palace stands just outside the medina and is of considerable architectural interest. Very well worth visiting, it was built in 1938 and was originally the residence of a wealthy merchant. Today it is a venue for ceremonies, cultural events, and exhibitions, and also houses the head office of the Gharnati Music Research and Studies Centre. The city also boasts some fine examples of architecture left over from Protectorate days (the Banque du Maroc, the former Staff Headquarters, and the old railway station) as well as a number of more recent creations of interest.

A city of parks and gardens

Oujda is a city open to the air, adorned with lovingly tended parks and flower-filled gardens. Not far from the medina, Lalla Aïcha Park, created by Maïtre René in 1935, is the town's largest green space, covering 17 hectares and containing a

well equipped recreation area, while the tree-shaded pathways of Lalla Meryem Park near the Kashah provide a perfect setting for a spot of untroubled relaxation. The park accommodates a museum conserving collections of traditional regional weaponry and a wide variety of other curiosities.

4 km from the city, at the foot of Jbel Hamra, Sidi Maâfa Forest has trails specially laid out for sports and walking activities (cross-country, jogging, mountain biking, etc.) – a walker's paradise with panoramic views over the city and its surroundings. 6 km from Oujda, Sidi Yahia's springs water a luxuriant, tree-shaded oasis that shelters the mausoleums of several Muslim Saints, the most revered being Sidi Yahya Benyounes. The Sidi Yahya Moussem is held here every year.

Excursions in the region

The great orchard of Berkane

If you'd like to know where all the delicious fruit and vegetables available

The sheep capital of Taourirt

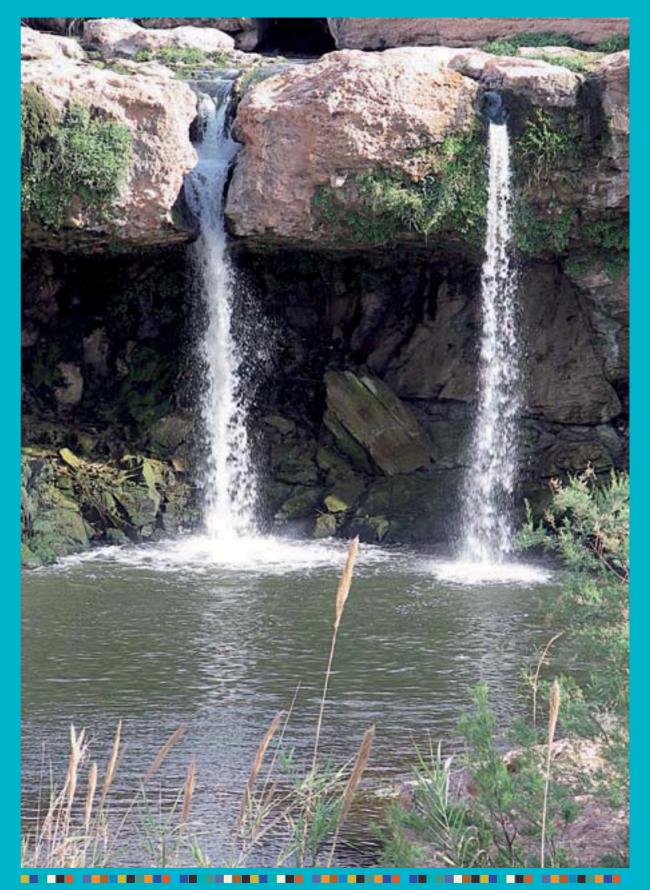
Located on the road between Oujda and Fez, Taourirt is a former Merinid Kasbah



The Merinid town of Debdou

Lying 52 km south of Taourirt, Debdou, Berkane, a major agricultural centre with by vineyards and by orchards planted with producing grapes, cereals, orchard fruits, The town's medina has a long history, its mellah once home to one of Morocco's largest Jewish communities, while the nearby Kasbah marks the remnants of the former Merinid principality. The region founded in the 13th century (and not to its douars precariously perched on their be confused by Ouarzazate's Taourirt hillsides, and its many springs - the largest Kasbah). The Kasbah was thought of which, at Tafrante, supplies Debdou necessary because of Taourirt's strategic with its drinking water. Beyond Debdou, routes running from East to West and can enjoy panoramic views of the valley from North to South. Taourirt is also and the Gaada plateau, a vast expanse of Morocco's largest sheep souk. 10 km to green oak woodland harbouring a wealth the south, the Oued Za Gorges, through of game, including wild boars, hares and





Excursions in the region



The natural heritage of Bouarfa

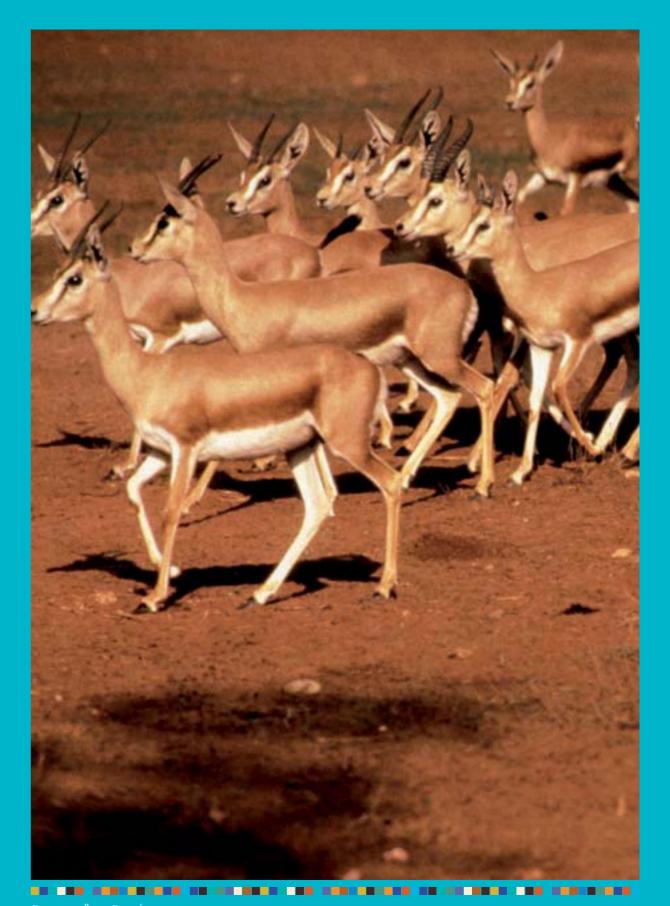
Bouarla lies 330 km south of Saïdia on the road to Figuig, The town is a former mining swimming pool, and also organises 4-wheel foot, horseback, or camelback, to explore countryside and its many prehistoric rock region's rivers, dunes and rocky slopes. painting and carving sites.

in such medicinal and aromatic plants as rosemary and white wormwood (artemisia herba alba), which is particularly well

And then, of course, there are the Dorcas the Oriental region's phantasmagorical gazelles, living in small groups around the



If you're looking for an original way to travel the great open spaces, take a ride on the Oriental Desert Express! The train covers 305 kilometres of track linking Oujda to Bouarfa, and invites you to discover the desert in all its glory - breathtaking Saharan landscapes dotted with majestic dunes, nomad encampments, and tiny isolated villages. The locomotive pulls three air-conditioned carriages, and drinks and hot lunches are served on board. There are a number of stops along the way, including Ain Benimathar, Tendrara, and Bouarfa, so you'll have plenty of opportunities to immortalise your journey in photographs. All in all, a perfect way of experiencing the magic of a day in the open desert in comfort - an unforgettable experience!



Dorcas gazelles in Bouarfa

An out-of-the-ordinary destination



Figuig is the nearest oasis to Europe – a past and present. Another ksar, Hammam the 5th century Hijri, and preserving the age-old customs and way of life of its

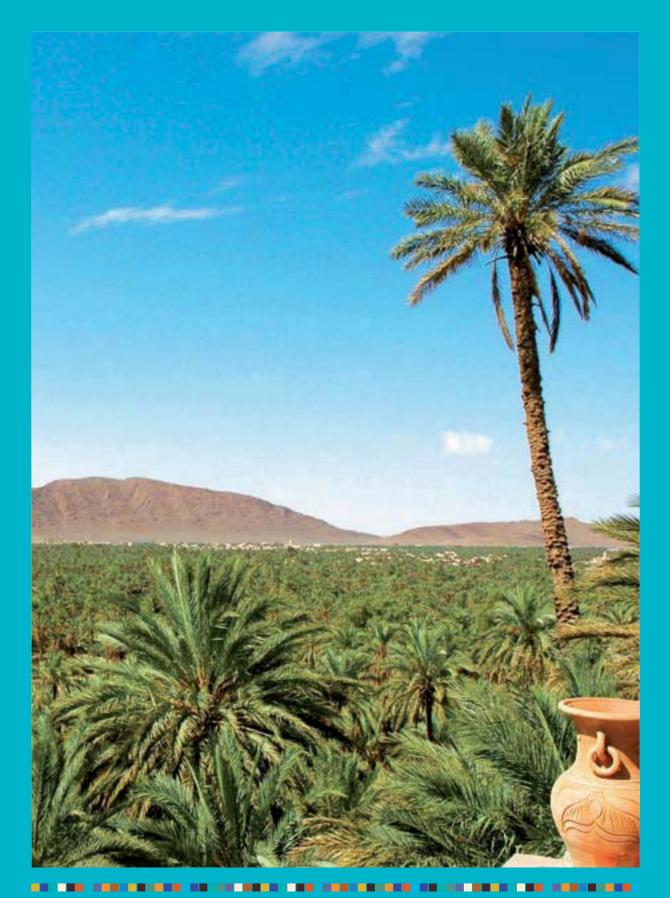
Figuig, lost in the midst of

the town comprises 7 ksours (fortified adobe villages), and is listed as a site with a wellcourse, and the whole town is regarded as from among the countless palm trees. a national monument. Ksar Zenaga is the oasis' largest and most prosperous. It's also The dunes around Figuig are ideal for the liveliest and probably the best suited to sand-bathing, reputed to be an effective giving visitors a general idea of oasis life cure for rheumatism.

walls enclosing a mosque dating back to while Ksar El-Oudarhir also has its springs,

The Figuig palm grove is made up of over 100,000 date palms producing a dozen varieties of dates (including the famous "Aziza"), together with hundreds of Figuig lies 433 km south of Oujda, and is other fruit trees and a series of parcels of one of Morocco's most beautiful oases. Set in land irrigated by means of the ingenious an area famed for its Neolithic rock carvings, traditional "foggora" system - if you want the full tour, you're in for a good thirty kilometres of labyrinthine luxuriance. The





Information and useful addresses

Practical information

Entry formalities

A valid passport for a stay of less than 90 days is required. An identity card may suffice, depending on country of origin, if the trip is organised by a travel agency for a group of over 8 people. A visa is required for some nationalities - enquire at a Moroccan consulate or diplomatic representation in you country. No specific vaccinations are required for entry into the Kingdom of Morocco. If you are bringing your pet along with you, however, you will need to be able to produce an anti-rabies certificate less than 6 months old.



Moroccan currency is the dirham, made up of 100 centimes. Foreign currency must be exchanged at banks or other accredited establishments.

Time zone

The front door to Morocco's

Morocco is in the Greenwich time zone, and time is G.M.T.

Emergency phone numbers

Police 19 Fire Brigade 150 Directory enquiries 160 Road safety services 177

Event Calendar

June : Saïdia Throne Cup golf tournament July : International Raï Festival August : "Moroccans of the World" Rally August : Taourtite Festival

Useful adresses and contacts

Regional Tourist Office:

Boulevard Mohammed V Place du 16 Août - BP.716, Oujda Tel: 05 36 68 56 31 Fax: 05 36 68 90 89

Provincial Tourist Office: 88, Bd Ibn Rochd, Nador Tel: 05 36 33 03 48 Fax: 05 36 33 54 52

Regional Tourism Council : 2, Boulevard des Nations Unies 4ème Étage, Oujda

Tel: 05 35 71 10 44 / 6 Fax: 05 36 68 90 89

Oriental Agency:
12, Rue Mekki Bitaouri - Souissi
Rabat, Morocco
Tel: 05 37 63 35 80
Fax: 05 37 75 30 20

Regional Investment Council: 2, Bd Nations Unies, Oujda

Tel: 05 36 68 28 27 Fax: 05 36 69 06 81

ONCF Railway station:
Boulevard Abdellah Chefchaouni
Call Centre: 08 90 20 30 40

Website: www.oncf.ma

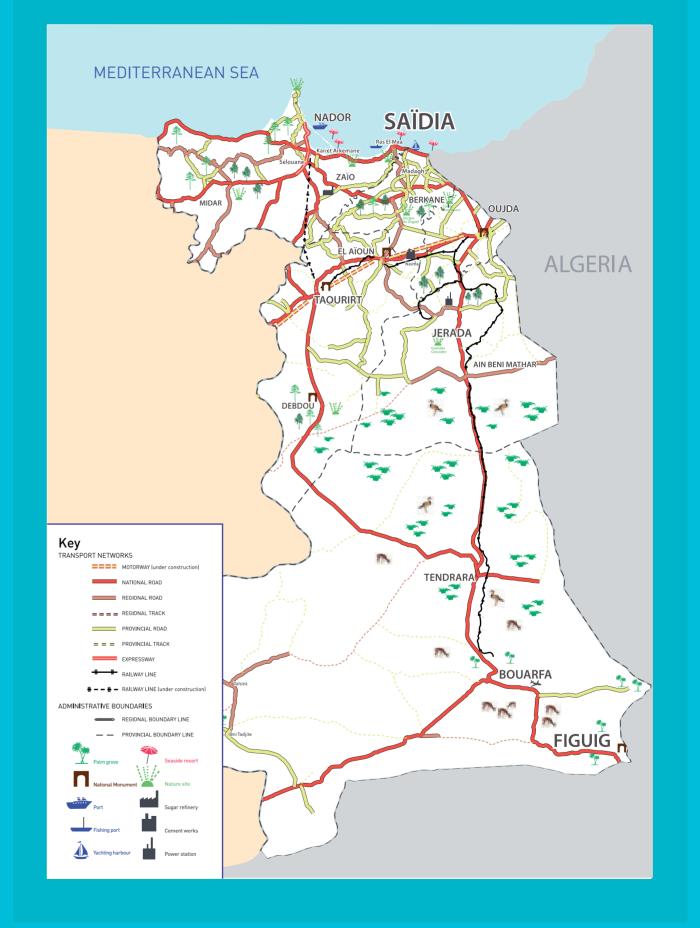
Oujda Angad Airport:
BP 3137 Takadoum, Oujda
Al Aoui Airport: BP 141, Nador
Call centre: 08 90 00 08 00

Golf: Saïdia Resort's 3 Golf courses www.golfdumaroc.com

Weather Forecast:

Office des Changes

(Currency regulation authority): www.oc.gov.ma





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WWW.VISITMOROCCO.COM